

Manuden PRIMARY SCHOOL – PE Curriculum Map

Year Group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Locomotion: Walking	Locomotion: Jumping	Ball Skills: Hands 1	Ball Skills: Feet 1	Ball Skills: Hands 2	Games for understanding
	Gymnastics: High, Low, Over, Under		Dance: Ourselves		Gymnastics: moving	
One	Locomotion: Running	Locomotion: Jumping	Ball Skills: Hands 1	Ball Skills: Feet 1	Ball Skills: Hands 2	Games for understanding
	Gymnastics: Wide, Narrow, Curled		Dance: Growing		Gymnastics: Body Parts	
Two	Locomotion: Dodging	Locomotion: Jumping	Ball Skills: Hands 1	Ball Skills: Feet 1	Ball Skills: Hands 2	Games for understanding
	Gymnastics: Linking		Dance: Water		Gymnastics: Pathways	
Three	Invasion Games: Dodgeball/ Handball	Invasion Games: Hockey	Invasion Games: Tag Rugby	Invasions: Basketball	Cricket	Tennis
	Dance: Wild Animals or Weather		Gymnastics: Symmetry & Asymmetry		OAA: Problem Solving	Athletics Throwing and jumping
Four	Invasion Games: Dodgeball/ Handball	Invasion Games: Hockey	Invasion Games: Tag Rugby	Invasion: Netball	Cricket	Tennis
	Dance: Cats or Space		Gymnastics: Bridges		OAA: Problem Solving	Athletics (Throwing and Jumping)
Five	Invasion Games: Dodgeball/ Handball	Invasion Games: Tag-rugby	Invasion Games: Hockey	Invasion Games: Basketball	Cricket	Tennis
	Gymnastics: Counter Balance		Health Related Fitness	OAA: Orienteering	Dance: Greeks	Athletics: Jumping, throwing & running competitions
Six	Invasion Games: Dodgeball/Handball	Invasion Games: Tag-rugby	Invasion Games: Hockey	Invasion: Netball	Cricket	Tennis
	Gymnastics: Matching and mirroring		Health Related Fitness	OAA: Orienteering	Dance: Carnival	Athletics: Jumping, throwing & running competitions

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